



## Tobacco Dependence Treatment & Education Training Pre/Post Test

- Smoking causes approximately \_\_\_\_\_ deaths a year in the United States.  
A. 240,000    B. 480,000    C. 640,000    D. 840,000
- Which of these tobacco treatment medications requires a prescription?  
A. Nicotine patch  
B. Nicotine inhaler  
C. Nicotine lozenge  
D. Nicotine gum  
E. All the above
- Individuals with a (non-nicotine) substance abuse or mental health disorder represent about 25% of the United States population but consume about 40% of all cigarettes sold to adults.  
A. True    B. False
- Smoking cessation interventions were associated with \_\_\_\_ increased likelihood of long-term alcohol and drug abstinence following substance abuse treatment.  
A. 15%    B. 20%    C. 25%    D. 30%
- Which of the following is NOT one of the “Five A’s” of tobacco cessation brief intervention.  
A. Ask    B. Arrange    C. Assess    D. Allow
- What strength of nicotine patch should be used for a person who is smoking a pack of cigarettes per day?  
A. 28 mg    B. 21 mg    C. 14 mg    D. 7 mg
- Behavioral health treatment center employees have a \_\_\_\_\_ smoking rate than the national average.  
A. lower    B. higher    C. same as
- Which of the following tobacco treatment medications is the most effective in helping a person quit smoking?  
A. Chantix    B. Wellbutrin    C. Nicotine gum    D. Nicotine nasal spray
- Behavioral health treatment professionals are reluctant to address tobacco use due to:  
A. lack of training on how to address tobacco use  
B. believing it will negatively impact a person’s recovery  
C. believing quitting smoking is impossible for people getting clean and sober  
D. believing people will withdraw from treatment  
E. all of the above
- Tobacco-free campus/workplace policies will lead to premature withdrawal from behavioral health treatment programs at significant levels.  
A. True    B. False
- Please check your position:  
A. Provider (provide direct counseling services to clients)    B. General Staff

**PRE TEST**