



Tobacco Dependence Treatment & Education Training Pre/Post Test

- Smoking causes approximately _____ deaths a year in the United States.
A. 240,000 B. 480,000 C. 640,000 D. 840,000
- Which of these tobacco treatment medications requires a prescription?
A. Nicotine patch
B. Nicotine inhaler
C. Nicotine lozenge
D. Nicotine gum
E. All the above
- Individuals with a (non-nicotine) substance abuse or mental health disorder represent about 25% of the United States population but consume about 40% of all cigarettes sold to adults.
A. True B. False
- Smoking cessation interventions were associated with ____ increased likelihood of long-term alcohol and drug abstinence following substance abuse treatment.
A. 15% B. 20% C. 25% D. 30%
- Which of the following is NOT one of the “Five A’s” of tobacco cessation brief intervention.
A. Ask B. Arrange C. Assess D. Allow
- What strength of nicotine patch should be used for a person who is smoking a pack of cigarettes per day?
A. 28 mg B. 21 mg C. 14 mg D. 7 mg
- Behavioral health treatment center employees have a _____ smoking rate than the national average.
A. lower B. higher C. same as
- Which of the following tobacco treatment medications is the most effective in helping a person quit smoking?
A. Chantix B. Wellbutrin C. Nicotine gum D. Nicotine nasal spray
- Behavioral health treatment professionals are reluctant to address tobacco use due to:
A. lack of training on how to address tobacco use
B. believing it will negatively impact a person’s recovery
C. believing quitting smoking is impossible for people getting clean and sober
D. believing people will withdraw from treatment
E. all of the above
- Tobacco-free campus/workplace policies will lead to premature withdrawal from behavioral health treatment programs at significant levels.
A. True B. False
- Please check your position:
A. Provider (provide direct counseling services to clients) B. General Staff

POST TEST