

TAKING
TEOAS
TOBACCO FREE



CANCER PREVENTION & RESEARCH
INSTITUTE OF TEXAS

I want to
quit smoking.

I don't know how.

*Stock Image

YOUR HEALTHCARE PROVIDER CAN HELP. ASK THEM ABOUT YOUR OPTIONS OR CALL 1-800-QUIT-NOW.

 Integral Care

HEALTH
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Helping Everyone Achieve a Lifetime of Health

UNIVERSITY of
HOUSTON