

No tobacco products (including e-cigarettes) are safe to use.

Most tobacco users want to quit or at least significantly cut down use.

We want to help you!

Nicotine medications can help to dull cravings for tobacco and are proven to help people quit. Ask us how to get **FREE** nicotine medications to help you quit now.

(1-800-QUIT-NOW) • TakingTexasTobaccoFree.com • SmokeFree.gov